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GLOSSARY OF LINE DANCE TERMS

DANCE TERMS	BEATS	DESCRIPTION
45	2	Nominated heel touches forward at a 45 degree angle then steps together.
BALL CHANGE	1	On the spot-2 steps done to 1 beat of music changing weight from one foot to the other.
BOX STEP	4	e.g. Right Box Step - Step right across left, step back left, step side right, step left together. This step can also have a directional change.
BRUSH-UP a.k.a.HEEL HOOK	4	Touch heel 45 degrees forward, bring the heel up to the opposite knee, touch heel 45 degrees, step together.
CAMEL	2	Step nominated foot 45 degrees forward, drag other foot to close together and take weight on that foot.
CHA-CHA-CHA	2	"SAME AS TRIPLE STEP"
CHARLESTON	4	Step forward on nominated foot, sweep to touch other foot forward, then sweep to step back, sweep to touch nominated foot back.
CLAP	1	As stated - clap hands together.
COASTER STEP	2	Step nominated foot back, step other foot together, step nominated foot forward. 3 steps in 2 beats of music.
DOUBLE HEEL SPLIT	4	Weight on the toes - heels move apart, change weight to the heels - move toes apart. Reverse steps to bring feet together to original position.
GRAPEVINE (a.k.a WEAVE)	Variable	Like a vine but longer, e.g. left Grapevine-step side left, cross right behind, side left, cross right in front, side left, cross right behind, side left etc.
HEEL SPLIT	2	With weight on the toes - heels move apart from each other then back together.
HITCH	1	Raise nominated foot straight up to knee level.
HOLD	1	No movement - hold position for one beat.
HOOK	1	Lift heel to just below opposite knee.
HOP	1	As stated - hop onto same foot.
KICK	1	As stated - kick the foot forward from the knee.
L	N/A	Left foot.
LOCK	2	Step forward on nominated foot, bring other foot behind to "lock" into position.

DANCE TERMS	BEATS	DESCRIPTION
MONTEREY TURN	4	Touch right toe to the side, turn 180 degrees to the right step right together, touch left toe to the side, step left together take weight onto left.
PADDLE TURN	2	Step forward on nominated foot, turn 90 degrees (1/4 turn) and take weight on other foot.
PIVOT TURN	2	Step forward on nominated foot, turn 180 degrees to face the opposite direction take weight onto the front foot.
R	N/A	Right foot.
ROCK	1	Change weight from one foot to the other without changing the position of the feet.
ROCKING CHAIR	4	Step nominated foot forward, rock back onto other foot, step nominated foot back, rock forward onto other foot.
SCOOT	1	Hopping forward on nominated foot when other has been hitched.
SCUFF	1	Swing nominated foot through brushing the ground as it passes the other foot.
SHUFFLE	2	3 steps done to 2 beats of music. Done in ALL directions. e.g. step forward left, right together, step left forward.
SLAP	N/A	Hitting the boot or knee etc with the hand.
STOMP	1	Stomp the foot on the floor to make a loud sound.
STRUT	2	Step nominated heel forward with the toe up, slap the toe to the floor.
SWIVEL	Variable	Like a "Twist" but continuing in one direction e.g. heels left, toes left, heels left, toes left etc.
SWIVET	2	Twist the nominated heel of one foot and the ball of the other foot to the side, then twist back to the centre.
TAP	1	Place foot in direction nominated without any weight on it.
TOUCH	1	Place foot in the direction stated without any weight on it.
TRIPLE STEP	2	3 steps done on the spot to 2 beats of music. If a triple step moves it becomes a "shuffle".
TURN	1	A change in direction. The direction and degree of turn will be stated.
TWIST	1	Movement of both heels turning out together to the nominated side.
VINE	4	Step nominated foot to side, step other foot behind, step nominated foot to side, step other foot together. Can be done forward, back or to the sides.
WALTZ	3	Step forward or back on nominated foot, other foot steps together, nominated foot steps together. Lead foot alternates with each waltz step done.