

# Lonely Drum

MUSIC Song: Lonely Drum.

ARTIST Artist: Aaron Goodvin. Available from iTunes.

CHOREOGRAPHER Darren Mitchell June 2017



**BEATS DESCRIPTION 32 Count 4 Wall Easy Intermediate Dance (Intro: 40 counts)**

## **STOMP, BOUNCE, BOUNCE, BOUNCE TOE-HEEL-STOMP, TOE-HEEL-STOMP**

- 1&2& Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up,  
3&4 Drop R heel to the ground, raise R heel up, drop R heel to the ground,  
5&6 Touch L toe together, touch L heel together, stomp L forward,  
7&8 Touch R toe together, touch R heel together, stomp R forward. (12:00)

## **PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS**

- 1,2 Paddle turn: Step L forward, turn 90 degrees right take weight onto right,  
3&4 Shuffle L across in front of right: L-R-L,  
5&6 Step R to the side pushing hips: R-L-R,  
7&8 Step L behind right, step R to the side, step L across in front of right. (3:00)

## **TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD.**

- 1& Touch R toe to the side, step R together,  
2& Touch L to the side, step L together,  
3& Touch R heel forward, step R together,  
4& Touch L heel forward, step L together  
5,6 Step R forward, step L forward,  
7&8 Shuffle forward: R-L-R. (3:00)

## **PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG**

- 1,2 Pivot turn: step L forward, turn 180 degrees right take weight onto right,  
3&4 Shuffle forward: L-R-L,  
5,6 Step R a big step forward, drag L towards right,  
7,8 Step L a big step forward, drag R towards left. (9:00)#

## **32 REPEAT**

**Restart:** at the end of wall 3, add the following 8-count tag, then restart the dance at 3:00

- 1,2 Step R forward, rock back onto left,  
3&4 Shuffle back: R-L-R,  
5,6 Step L back, rock forward onto right,  
7&8 Shuffle forward: L-R-L.

**DARREN MITCHELL**

**0435 507 307**

**Email: [cheyenneonqueue@icloud.com](mailto:cheyenneonqueue@icloud.com)**

**Web: [www.cheyenneonqueue.com](http://www.cheyenneonqueue.com).**